

2025-2026 Athletic Handbook



Pacific Baptist Patriots

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2025-2026 Athletic Calendar

September 8	Football Fee Due (\$100)
September 12	First Football Game vs PBBC
October 24	SoCal Football Tournament
October 27	Volleyball Fee Due (\$100)
October 27	Basketball Fee Due (\$150) *Jersey fee not included which is \$180
October 31	First Volleyball & Basketball Games vs PBBC
January 6	SoCal Fee Due (TBD)
February 5-6	Hammond Basketball Tournament
February 17 & 20	CBAL Basketball Tournament
February 25-27	SoCal Fine Arts and Tournament
March 2	Guy's Volleyball Fee (\$125)
March 6	Guy's Volleyball First Game vs CBAL Opponent
March 5-6	Albuquerque Girl's Volleyball Tournament
May 5	CBAL Guy's Volleyball Tournament

Pacific Baptist Patriots

Table of Contents

Preface	5
Administration	5
Philosophy	5
Tradition	6
Responsibilities of a <i>PATRIOT</i>	7
Objectives	8
General Eligibility	9
Academic Requirements	10
General Requirements	11
Dress Requirements	13
Discipline Policy	14
Competing on Non-PBS Teams	14
Athletic Team Selection	15
Use of Athletic Equipment	16
Transportation	16
Athletic Fees	17
Student/Parent Agreement	19

Pacific Baptist Patriots

PREFACE

This handbook outlines the philosophy, policies, and procedures of the Pacific Baptist School Athletic Program. It is intended only for students participating in this program. By joining, you agree to follow the specified policies and procedures.

ADMINISTRATION

Steve Meyers	—	Pastor
Charlie Chim	—	Principal
Joshua Esposito	—	Athletic Director

PHILOSOPHY

Our main goal is to glorify the Lord Jesus Christ while striving to win. We aim to prepare young men and women for both ministry and the secular world by fostering hard work, teamwork, cooperation, loyalty, and respect for authority. We believe participation in our athletic program helps develop these traits when athletes embrace our philosophy.

Athletes represent their Lord, parents, church, and school, and thus must meet certain requirements not imposed on the general student body. Participation in athletics is voluntary, but adherence to these requirements is mandatory. If you cannot abide by them, please choose not to participate.

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Enjoy your time in the athletic program and view these requirements as guides for your Christian development. If you have any questions, ask the Athletic Director or the administration.

TRADITION

At Pacific Baptist School, we have built a tradition of excellence through hard work and dedication. We provide top-notch facilities, equipment, and officials to support our program, and we strive to be the best in every aspect. As an athlete, you should work to uphold this tradition.

Participating in our athletic program fulfills a long-held ambition for many students. Achieving this goal comes with traditions and responsibilities that must be maintained. Our strong athletic tradition has been built over many years by many people, and you are now part of it.

We aim to win with honor and uphold our Christian testimony, valuing it more than victory. All PBS athletes are expected to give their best effort on the field.

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Contributing to our athletic tradition is not easy. When you wear our school colors, we expect you to understand and embrace our traditions and responsibilities. Be ready to contribute to the program in any way you can.

RESPONSIBILITIES OF A *PATRIOT*

Responsibilities to Yourself: Your most important responsibility is to develop strength and character in Christ. Your relationship with the LORD will benefit you more than any physical activity.

Combining your studies with athletics and other extracurricular activities will prepare you for adult life. Work hard, practice often, and strive for excellence in everything you do.

Responsibilities to Your School: As a team member at Pacific Baptist School, you have a responsibility to do your best in all activities. The school's outstanding programs depend on your effort and participation. Your performance in athletics contributes to the school's reputation, so always strive to excel.

As a member of our athletic program, you take on a leadership role. The student body and church members judge our school by your conduct and attitudes, both on and off the court. Your actions significantly impact school spirit.

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Responsibilities to Others: As a team member, you have a responsibility to your family and those who look up to you. Always strive to make your family proud. Remember that younger students may see you as a role model. Your behavior on and off the field should set a good example for them to follow.

Responsibilities to Your Team: In our athletic program, you will be part of a team of individuals like yourself. You owe it to your team to attend every practice if you are healthy, give your best effort regardless of the outcome, and respect your teammates as you want to be respected. Remember, "teamwork makes the dream work."

OBJECTIVES

1. Teamwork: Develop self-discipline, respect for authority, and a spirit of hard work and sacrifice. Prioritize team goals over personal gains.
2. Execution: Apply what coaches have taught. Effective execution demonstrates preparedness and is valued by employers.
3. Sportsmanship: Treat others as you wish to be treated. Maintain emotional control, honesty, cooperation, and reliability regardless of the opponent's behavior or game outcome.

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4. Improvement: Strive for continual improvement. Set goals and work towards them daily, aiming to be better than you were yesterday.

5. Enjoyment: Cherish your time as an athlete. Enjoy the experiences, both wins, and losses, and stay aligned with the program to maximize your enjoyment.

6. Exercise: Achieve physical fitness through exercise and healthy habits to be an active, contributing citizen. View fitness as essential to serving the King.

GENERAL ELIGIBILITY

- Team rosters will be submitted to the Athletic Office and posted once team selection is complete.
- No student can compete until the Athletic Director confirms their eligibility.
- Homeschool students must complete all registration paperwork in advance.
- The following items must be submitted to the Athletic Office before any student can participate in a contest:
 1. Athletic Fee:
 - \$100 for Football

Pacific Baptist Patriots

- \$150 for Basketball
 - \$100 for Volleyball
2. Physical Exam (if required):
 - Download the form from the school website's athletic page or obtain it from the athletic office.
 3. Signed Signature Page of Athletic Handbook

ACADEMIC REQUIREMENTS

Students in grades 6-12 participating in the PBS athletic program will be academically eligible as follows:

1. A GPA report is generated monthly by the athletic department. Athletes with a GPA of 2.50 or above are fully eligible until the next report.
2. Athletes with a GPA below 2.50 are placed on probation until their GPA improves.
3. Achieving a GPA above 2.49 removes an athlete from probation.
4. Athletes with a GPA below 2.00 are ineligible.
5. New athletes are on probation during their first year.
6. Homeschool athletes must report their monthly GPA to the athletic office and follow the eligibility guidelines.

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GENERAL REQUIREMENTS

1. Attend weekly church services in person on campus: Sunday school, morning service, evening service, midweek service, and any special meetings. Missing a service results in one quarter or set missed. Applies during tournaments; make travel arrangements accordingly.
2. Participate in a soul-winning ministry weekly. Missing results in one quarter or set missed.
3. Travel to and from games on assigned transportation unless approved by the athletic director.
4. Address grievances through proper channels: Coach » Athletic Director » Administrator.
5. Be punctual for practices, games, and bus departures.
6. Attend all scheduled practices, including summer practices. Absences only for poor health or out-of-town trips; notify the coach 24 hours in advance.
7. Accumulating 50 or more demerits in a quarter renders athletes ineligible for the remainder of the quarter.
8. Dress and accessories must not draw unnecessary attention; male athletes are prohibited from wearing necklaces, wristbands, or bracelets.
9. Be present for at least five class periods on game day; full-day attendance is required on half-day Fridays.

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10. Show respect to spectators, opposing teams, and game officials; no taunting or arguing is tolerated.
11. Athletes withdrawn by parents are ineligible for the remainder of the season; no refund of athletic fee.
12. No CD players, iPods, MP3 players, cellphones, or similar devices allowed on team buses, private vehicles, school/church campuses, or at sporting events/practices.
13. No portable game systems, laptops, or playing cards allowed on team buses, private vehicles, school/church campuses, or sporting events/practices.
14. Cellphones are allowed on athletic trips only with written parental permission; must be surrendered to an adult chaperone and used only for tracking location or notifying parents upon return.
15. Only academically eligible individuals on the current roster may travel with the team, including tournaments.
16. Payments for out-of-state or out-of-town tournaments are non-refundable; credit may be issued for future fees if prior purchases have not been made.
17. Athletes are responsible for obtaining missing schoolwork due to athletic travel; teachers will not provide information unless requested by athletes or parents.

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DRESS CODE REQUIREMENTS

These requirements supplement those in the PBS Student Handbook, including all dress code rules.

Men:

1. Wear a PBS, PBC, or PBBC shirt with casual pants and tennis shoes for games and tournaments. School uniforms may be worn as well.
2. Shorts must reach the bottom of the kneecap and be worn at the waist. No sagging or pulling up shorts.
3. Wear an undershirt with a sleeveless jersey.
4. No facial hair allowed.
5. Hair neatly combed to the side or back.

Ladies:

6. Wear a PBS, PBC, or PBBC shirt with modest casual skirts (including jean skirts) and tennis shoes for games and tournaments. School uniforms may be worn as well.
7. Makeup to comply with school handbook rules.
8. Wear modest culottes covering 2 inches below the knees for all games and practices.
9. Wear an undershirt under the uniform at all times.
10. Black leggings must be worn under culottes, complying with handbook guidelines.

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Both:

11. Practice uniforms: PBS-issued P.E. uniforms or team-issued practice shirts. Sleeveless shirts are prohibited.

12. Prohibited hairstyles include fad, punk, spiked, or worldly styles. Hair must be neatly kept; boys cannot perm hair or have a middle part.

DISCIPLINE POLICY

Failure to follow guidelines on pages 9-13 results in:

- 1) First offense: School discipline
- 2) Second offense: School discipline + miss one quarter or set
- 3) Third offense: School discipline + miss one game
- 4) Fourth offense: School discipline + suspension from the team pending administrative review.

COMPETING ON NON-SCHOOL TEAMS IN THE SEASON

PBS athletes prioritize the school program and team. In conflicts between non-school and school teams, athletes must compete for the school team.

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ATHLETIC TEAM SELECTION

1. Philosophy:

We aim for broad participation in athletics at Pacific Baptist School while maintaining the integrity of each sport. Coaches strive to maximize opportunities for student-athletes within the constraints of time, space, facilities, and ability, ensuring quality programs.

2. Responsibility:

The coach is solely responsible for selecting team members, and adhering to policies set by the head coach. Before tryouts, candidates should receive information on the tryout period, selection criteria, number of students to be chosen, practice, and game commitments.

3. Procedure:

The coach determines team selection; parental influence on decisions is discouraged. Trust in the coach's judgment, as each coach is selected with the team's best interest in mind.

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USE OF ATHLETIC EQUIPMENT

Student-athletes must care for school equipment and report any damage to coaches or the Athletic Director to avoid costly replacements.

Athletic Department-issued wearable gear is for practice and contests only; it should not be worn for physical education classes, work, social events, or Schoolwear.

TRANSPORTATION

Pacific Baptist School provides transportation for athletes, support staff, and coaching personnel in authorized school vehicles for away contests or practices. Athletes may be excused from riding if it inconveniences the family, with parental permission required. Athletes traveling with non-relatives must inform coaches and the athletic department. Food and beverages are permitted with driver permission, but leftovers and empty containers must be discarded.

Pacific Baptist Patriots

ATHLETIC FEES

Below are the athletic fees and due dates. Fees are due on the specified date and may change depending on participation. No late fees are charged, but all fees must be paid on time to ensure the smooth operation of the athletic program.

<u>SPORT/ITEM</u>	<u>FEE</u>	<u>DUE</u>
*Patriot Football Jersey	\$30	Now
*Patriot Basketball Jerseys	\$180	Now
Football Team Fee	\$100	Now
*Patriot Volleyball Jerseys	\$30-60	Now
Basketball Team Fee	\$150	Oct 27
Volleyball Team Fee	\$100	Oct 27
Hammond Basketball Tournament	TBD	Dec 1
SoCal Classic	TBD	Jan 6
Guy's Volleyball Fee	\$125	Mar 2

****if necessary***

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| Athletic Code of Conduct and Handbook |

| Student/Parent Consent Agreement |

Student Name _____

Grade _____

As a Student-Athlete:

- I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the Athletic Handbook.
- By signing below, I agree to abide by this handbook. If I refuse to sign that means that I will not be participating in athletics.

Signature _____

Date _____

As a Parent/Guardian:

- I have read and understood the responsibilities of my son or daughter as a participant in athletic activities at Pacific Baptist School.
- I understand and realize that there is an assumed risk of injury involved for my son or daughter as a participant in athletic activities.

Signature _____

Date _____

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